

**Test 2 on lesson
(3&4)**

Q7: Choose the correct answer from a, b, c or d:

- (1)** I sit with my family in the and watch TV.
(a) **bedroom** (b) **kitchen** (c) **lounge** (d) **class**
- (2)** He was because his team lost the game.
(a) **disappointed** (b) **happy** (c) **pleased** (d) **excited**
- (3)** There're many in this sports competition.
(a) **champions** (b) **teachers** (c) **vets** (d) **engineers**
- (4)** Nader is a good He swims very fast.
(a) **artist** (b) **footballer** (c) **runner** (d) **swimmer**
- (5)** The won the gold medal in the race.
(a) **farmer** (b) **nurse** (c) **athlete** (d) **baby**
- (6)** Ahmed plays sitting volleyball. He's a/an..... player.
(a) **olympic** (b) **paralympic** (c) **busy** (d) **lazy**

Q2: Read and complete the text with the words from the box

competitions - team - class - Paralympics

Ahmed Abdel Fattah plays sitting volleyball. He took part in the 2016 Rio (1) where the team won bronze. He has played with his (2) in Africa and Brazil. They have won many international (3) for Egypt.

Q3: Read the following text and answer the questions below

Our brain is the most important organ of the body. It controls how we move, what we remember, and the choices we make. An adult brain weighs about 1400 grams. About 75% of the brain is made up of water. Our brain uses about 20% of the oxygen and blood in your body. Information travels from your body to your brain at 240-420 kilometers per hour. When you're awake, your brain makes enough electricity to power a small light bulb.

a) Choose the correct answer from a, b, c or d:

- (1)** The general idea of the text is "The importance of our "
(a) **electricity** (b) **heart** (c) **brain** (d) **lungs**
- (2)** About 75% of the brain is made up of
(a) **see** (b) **water** (c) **gas** (d) **blood**
- (3)** Many predators don't eat that are brightly colored.
(a) **electricity** (b) **water** (c) **blood** (d) **information**

**Test 3 on lesson
(5&6)**

Q1: Listen and Choose the correct answer from a ,b,c or d.

- (1)** we all need to eat a diet
(a) **good** (b) **bad** (c) **sad** (d) **heavy**
- (2)** we need to drink a lot of and play in the park.
(a) **juice** (b) **water** (c) **milk** (d) **tea**
- (3)** Our has about 75% water
(a) **heart** (b) **brain** (c) **hand** (d) **stomach**
- (4)** A good diet includes of fresh food.
(a) **a little** (b) **lots** (c) **few** (d) **hard**

Q2: Read and complete the text with the words from the box

vitamins - diet - water - eat

Eating the right food is very important for our health. We need a range of different kinds of food with lots of (1) and minerals We shouldn't (2) too much sugar or fat. Fruit and vegetables ore healthy choices. It's important to drink lots of (3) too especially on hot days.

Q3: Read the following text and answer the questions below

It's fun to play video games sometimes, but it's good to be active as well. Sitting still for a long time isn't good for your health Sometimes people eat more unhealthy snacks when they are watching TV or playing on the computer. Try not to develop unhealthy habits. It's important to drink lots of water, especially on hot dogs.

a) Choose the correct answer from a, b, c or d:

- (1)** You shouldn't still for a long time .
(a) **upside** (b) **up** (c) **round** (d) **sit**
- (2)** About 75% of the brain is made up of
(a) **funny** (b) **healthy** (c) **unhealthy** (d) **good**
- (3)** It's bad to eat unhealthy when you are watching TV.
(a) **snacks** (b) **wood** (c) **clothes** (d) **bags**

(b) Answer the following questions:

(4) What should you do on hot days ?

.....

(5) Is it good to be active ?

.....

Q4: Choose the correct answer from a, b, c or d.

(1) We have fruit and vegetables to stay healthy.

- (a) **should** (b) **shouldn't** (c) **can't** (d) **don't**

(2) She eat unhealthy food.

- (a) **don't** (b) **isn't** (c) **doesn't** (d) **aren't**

(3) does a good diet include ?

- (a) **How** (b) **What** (c) **Where** (d) **Who**

(4) still for a long time is not healthy.

- (a) **Sits** (b) **Sat** (c) **Sit** (d) **Sitting**

(5) Nada never unhealthy snacks.

- (a) **eats** (b) **eating** (c) **eat** (d) **is eating**

Q5: Put the words in the correct order to make sentences.

1) the – camp – long – summer – How – is ?

.....

2) shouldn't – eat – We – sugar – too much.

.....

3) football – He – every day – practices.

.....

